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Diana Lomax will be standing down from her volunteer Treasurer role in April 2020.
See note attached.

OPEN DAY RAFFLE

Our annual Open Day Raffle is open. There are some lovely prizes to be won.
£2 per ticket
To be drawn at the Open Day

ONE STEP FORWARD CLUB

See inside for details.

A client Playing Jenga



Els and Athena following the garden makeover



Interactive Carer Workshop

Following a suggestion at our recent Board Meeting, JLinks, our professional physiotherapists, have offered to host an Interactive Workshop for Carers, focussing on physical activity as well as including tips on common problems that may have been experienced. Please let me know if this is something you would be interested in attending. It will be free of charge.

Chiropodist – Increase in Fees

Eileen has notified of a price increase with effect from 1st October 2019 as follows:-

Toenails: £20

Hands & toenails: £23

Garden

Els Pardoe and Athena Vassie very kindly gave our garden a makeover with new plants being planted in the raised beds and weeding.

I would also like to take this opportunity, on behalf of all the staff, volunteers and clients to say a massive thank you to Julia Barry who works tirelessly to keep our flower beds and pots in tip-top condition.

Fundraising:

Events:

2019 ICARE Open Day – Saturday 14th September.

Flyer attached again. Donations of Cakes, suitable items for the Tombola and unused, unwanted gifts to sell would be gratefully received but, most of all, we look forward to seeing you on the day.

Folkestone Half Marathon – 29th September: Sarah, the daughter of one of our Monday clients, is running her first Half Marathon and is very kindly running it for ICARE. If you would like to wish Sarah good luck and sponsor her, here is the link to Sarah's JustGiving page <https://www.justgiving.com/crowdfunding/sarah-rees-1> OR there is a sponsor form available at the Day Centre. Please see Sue.

Quiz Night – Saturday 2nd November: St. Mary's Church Hall, Worlds End Lane, Green Street Green 7.15 p.m.-10.30 p.m. Tables of 8; £5 per head. Bring your own drinks and nibbles. Please see Sue if you are interested. **SOLD OUT**

Update on Past Events:

Nothing to report this month.

Thank You to the following who have made donations to ICARE:

Rotary Club of Orpington.

Clive Reynolds and the Widmore Chapter for the very kind invitation to their annual Summer Sunday Afternoon Tea. An enjoyable time was had by all.

One Step Forward Club

Friday 20th September

“Ship to Shore”

Peter Jones

Friday 4th October

“Golden Age of Travel”

Ian Porter

Friday 18th October

Vintage Cru

Best wishes,

Sue and all the team

ICARE is looking for a Treasurer

We are looking for someone to join the ICARE Board of Trustees as Treasurer in April 2020, when Diana Lomax steps down from that role (although Diana will continue as a volunteer on Thursdays).

The role of Treasurer is very important, keeping track of ICARE's finances and making sure that we maintain high financial standards. As a Trustee the Treasurer will also contribute to the general running of the charity.

The Treasurer does not need to be an accountant but must be comfortable dealing with financial matters and maintaining sound financial procedures. They will need to be able to use Excel spreadsheets, as well as standard software such as Word and email, and will need to work closely with the Centre Manager and Company Secretary.

Being Treasurer will involve a significant commitment but is a very varied, interesting and worthwhile role, supporting our work here at the Centre.

If you would like more information please talk to Mike Talbot, Chairman of Trustees or Diana Lomax, contactable through the Centre.