



...Improving lives after a stroke

# October Newsletter



## Contents

- News from Icare
- What activities would you like to participate in at Icare?
- Fundraising

**The Hygiene Bank have very kindly donated disposable masks to ICARE.**

**They are in boxes of 50; if you would like some, please let Sue know.**

### Diana lending a very welcome helping hand at the Boot Fair



### News from ICARE

Please note our Winter Menu will start on Monday 11th October.

Some clients have taken the opportunity to spend a second day with us. If this is something you may be interested in, please let Sue know.

### What Activities would you like to participate in at ICARE?

Are there any activities that you would like to see introduced at ICARE? ICARE is your day centre, and any suggestions would be very welcome

### A Great Big Thankyou

Vera, Patsy and Helen Bentley, together with their families and friends, have very generously donated two ipads to ICARE in memory of Brian, who very sadly passed away. We are thrilled to have this new technology which will aid both ourselves and Eleanor, our Speech Therapist, to give our clients the very best rehabilitation exercises.

### Fundraising:

#### Events:

#### **"Posh" Tea – Saturday 9th October 2021:**

The Rotary Club of Orpington Crofton are arranging an Afternoon Tea at ICARE on Saturday 9th October, which is being supported by Waitrose. There are two sittings: 2.00-3.00 p.m. and 3.30-4.30 p.m. Tickets are £10 each; there are a few places left for each sitting, which can be booked by emailing [rcorpingtoncrofton@gmail.com](mailto:rcorpingtoncrofton@gmail.com).

#### **Quiz Night – Saturday 13th November:**

ICARE are holding their first Quiz Night since lockdown on Saturday 13th November, and, without advertising, it is almost sold out as places are limited due to the covid restrictions. If you would like to join our waiting list, we will let you know if places become available nearer the time. However, please watch this space for dates of future quizzes when, hopefully, more places will be available.

#### **Pratts Bottom Christmas Fair – Saturday 20th November:**

ICARE has a table at the Pratts Bottom Christmas Fair on Saturday 20th November; do you have any unwanted, unopened gifts that you would like to donate for us to sell? It would be lovely to see you on the day if you are visiting the Fair.

### Update on Past Events:

#### **Boot Fair – Sunday 12th September**

Adrienne, Christine, Diana and I were up at the crack of dawn to raise funds for ICARE at a local boot fair; the amount raised was £230.45 so was worth it! Thank you everyone that donated goods for us to sell at the boot fair.

#### **London Marathon – Sunday 3rd October**

Unfortunately, despite her best efforts, Lisa was unable to run the London Marathon on 3rd October. If you sponsored Lisa and would prefer a refund of your money, please let Sue know.

Best wishes,

Sue and all the team