



...Improving lives after a stroke

March Newsletter



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Receiving a cheque from Bromley Lions



The Winning Quiz Night Team Congratulations!



HAPPY BIRTHDAY SUE!

Thank you so much to the Fundraising Team for the cake and bubbles on the eve of my milestone birthday.

It was a really lovely surprise.

News from ICARE:

Counselling/Chatting Service: Amanda Dalson, our accredited Counsellor, who is registered with British Association for Counselling & Psychotherapy, is offering a Counselling/Chatting Service for our clients and carers in a variety of ways – telephone (**07974 814104**); in person or via Zoom. If you would like more details or make an appointment, either speak to Sue or contact Amanda directly.

Lateral Flow Tests: If you would like some lateral flow tests for use at home, we have supplies here. Please ask Sue.

The Rotary Club of Orpington are hosting a Concert & Singalong with Orpington Town Band on Friday 25th March at 7.00 pm (doors open at 6.30 pm) at All Saints Church Hall, Barkhart Road, Orpington, with all profits being donated to The Maypole Project (a free support service for children with special needs). Tickets are £10 (including a glass of wine or soft drink) at the door but please book tickets in advance. Please see attached flyer for more details.

Fundraising:

Events:

Saturday 14th May – 12.00 p.m.

Pratts Bottom Fete

Venue: Village Green, Pratts Bottom. The theme is “Great British Fete”.

April/May – to be confirmed

Quiz Night

Venue: St. Mary’s Church Hall, Worlds End Lane, Green Street Green

Saturday 11th June – 3.00 p.m. – 5.00 p.m.

Platinum Jubilee Cream Tea

Venue: ICare Day Centre, Old School House, High Street, Green Street Green
£10 per head. There will be a raffle.

Saturday 2nd July – 12.30 p.m. – 5.00 p.m.

Knockholt Summer Fayre

Venue: Recreation Ground, Knockholt

Saturday 16th July – 2.00 p.m. – 6.00 p.m.

John Lewis-Smith and Pauline Eldridge are very kindly hosting a Garden Party in Knockholt.
£10 per head, which includes sandwiches, cake, Prosecco and tea & coffee. There will be a raffle also.

August – date to be confirmed

Diana Lomax is very kindly hosting a Garden Party

Further details to follow.

Saturday 10th September – ICARE Open Day

Venue: ICare Day Centre, Old School House, High Street, Green Street Green

Update on Past Events:

Quiz Night – Saturday 26th February:

Congratulations to our very own Diana and the winning team (photograph on the front cover) and thank you to everyone that supported ICare. It was a great, fun evening and the grand sum of £985 was raised. A special thank you to Mike Deves who, once again, did a sterling job as Quiz Master.

DONATIONS OF UNUSED, UNWANTED GIFTS FOR US TO SELL AT OUR SALES OR RAFFLE WOULD BE GRATEFULLY RECEIVED.

Best wishes,
Sue and all the team