



...Improving lives after a stroke

June Newsletter



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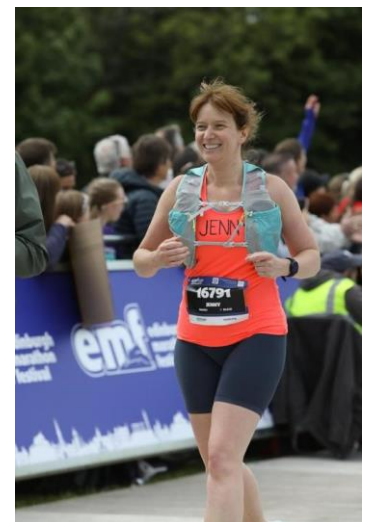
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Transport

I wrote to the Mayor of London regarding the poor service from Dial-A-Ride since the pandemic. I have received a reply which has signposted me to BATS (Bexley Assisted Transport Service) which operates in Bromley also. I attach information from BATS explaining the scheme. Please let me know if this of interest and I will make further enquiries.

I also raised the issue with TaxiCard (swipe system) which operates through ComCabs; I am advised that TfL have passed this to London Councils who facilitate the scheme. I will let you know when I receive a response.

**Congratulations Jenny!
Well done on completing the
Edinburgh Marathon and in such a
Fantastic time**



News from ICARE:

Counselling/Chatting Service: Amanda Dalson, our accredited Counsellor, who is registered with British Association for Counselling & Psychotherapy, is offering a Counselling/Chatting Service for our clients and carers in a variety of ways – telephone (**07974 814104**); in person or via Zoom. If you would like more details or make an appointment, either speak to Sue or contact Amanda directly.

Platinum Jubilee Celebrations: We are all looking forward to the musical entertainment that will be taking place during week commencing 6th June to commemorate the Queen's Platinum Jubilee.

Bromley Well Long-term Health Conditions Service: Bromley Well run a series of 8 workshops which look at helping people adapt to a healthier lifestyle and manage their long term health condition. A copy of the summary of the subjects covered is attached. If you are interested in accessing this service, please call the Bromley Well single point of access to enable a seamless triage into the long term health conditions service where you will get all the support and guidance you need. The telephone number is 0808 278 7898.

Fundraising:

Events:

Thursday 26th May – Wednesday 29th June

Paper Quiz – Royal 'Regalia'. Our Royal themed Paper Quiz is on sale if you fancy trying your luck. The entry fee is £5 and the winner will receive £30.

Saturday 18th June – 7.15 p.m. – 10.30 p.m.

Quiz Night

Venue: St. Mary's Church Hall, Worlds End Lane, Green Street Green

£10 per head and teams of up to six people; table numbers are still limited so please book early to avoid disappointment. To book a table, please give Sue a call.

Saturday 2nd July – 12.30 p.m. – 5.00 p.m.

Knockholt Summer Fayre

Venue: Recreation Ground, Knockholt

Bric-a-Brac and Bottle Tombola

Saturday 16th July – 2.00 p.m. – 6.00 p.m.

Diana Lomax is very kindly hosting a Garden Party in Chelsfield.

£5 entry which includes endless cake, tea, coffee and soft drinks.

There will be a raffle; tickets will be on sale at Icare from 27th June and will be drawn at this event.

Saturday 10th September – ICARE Open Day

Venue: ICare Day Centre, Old School House, High Street, Green Street Green

Saturday 22nd October – 7.15 p.m. – 10.30 p.m.

Quiz Night

Venue: St. Mary's Church Hall, Worlds End Lane, Green Street Green

DONATIONS OF UNUSED, UNWANTED GIFTS FOR US TO SELL AT OUR SALES OR RAFFLE WOULD BE GRATEFULLY RECEIVED OR UNOPENED BOTTLES FOR OUR TOMBOLA AT THE KNOCKHOLT SUMMER FAYRE. THANK YOU VERY MUCH.

We would like to wish you a very happy Platinum Jubilee Weekend.

Best wishes,

Sue and all the team