



...Improving lives after a stroke

Newsletter

JUNE 2021

Dear ICARE clients, staff, and volunteers.

I hope you are all staying safe and well and looking forward to returning to the Day Centre on 21st June, subject to Government guidelines – we certainly are. Between now and then, please remember that Sue is available at the Day Centre between Monday and Thursday if you want to have a chat.

NEWS FROM ICARE

We are continuing to prepare the Day Centre to re-open; to comply with Bromley's Public Health guidelines, please remember to give us a call when you arrive in the morning and wait outside for a member of staff; also please ask whoever is collecting you in the afternoon to call on arrival and a member of staff will escort you to them. The telephone numbers are **01689 862883** or **07708 645382**.

In addition, if you haven't returned your Personal Circumstances form, I should be grateful if you could let me have your updated details before we re-open. Thank you!

Staff

We have three new members of staff – Alison, our new Deputy, Lisa and Jo. I know you will all make them feel very welcome at ICARE.

Wendy has retired and I know you will all join me in wishing her a very happy retirement, having time to do all the things she has been unable to whilst working full-time.



Charlotte has completed her training with the Ambulance Service and has just started her five week placement. Here she is looking very smart and professional in her uniform.

Online Paper Quiz

Congratulations to Peter Earll, the overall winner of the “Whatever The Weather Online Paper Quiz. We raised £62 for ICARE – here’s Christine’s grandson Arnie picking the winner. Thank you to everyone for taking part and supporting us.



Best wishes
Sue and the team

BACK IN THE DAYS

Back in the days of tanners and bobs
when Mothers had patience and Fathers had jobs.
When football team families wore hand me down shoes,
and TV gave only two channels to choose!

Back in the days of three penny bits,
when schools employed nurses to search you for nits.
When snowballs were harmless; ice slides were permitted,
and all of your jumpers were warm and hand-knitted!

Back in the days of hot ginger beers,
when children remained so for more than six years.
When children respected what older folks said,
and pot was a thing you kept under your bed!

Back in the days of Listen with Mothers,
when neighbours were friendly and talked to each other.
When cars were so rare you could play in the street,
when Doctors made house calls and Police walked the beat!

Back in the days of Milligan's goons,
when butter was butter and songs all had tunes.
It was dumplings for dinner and trifle for tea,
and your annual break was a day by the sea!

Back in the days of Dixon's Dock Green,
Crackerjack pens and Lyons ice cream.
When children could freely wear NHS glasses
and teachers all stood at the FRONT of their classes!

Back in the days of rocking and reeling,
when mobiles were things that you hung from the ceiling.
When woodwork and pottery got taught in schools,
and everyone dreamed of a win on the pools!

Back in the days when I was a lad,
I can't help but smile for the fun that I had.
Hopscotch and roller skates; snowballs to lob.
Back in the days of tanners and bobs!