



...Improving lives after a stroke

February Newsletter



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News from ICARE:

Counselling/Chatting Service: Amanda Dalson, our accredited Counsellor, who is registered with British Association for Counselling & Psychotherapy, is offering a Counselling/Chatting Service for our clients and carers in a variety of ways – telephone (**07974 814104**); in person or via Zoom. If you would like more details or make an appointment, either speak to Sue or contact Amanda directly

Farewell and Good Luck to Karen, one of our Wednesday Volunteers

A huge thank you to Karen for her hard work and dedication to ICARE; she has moved to Uckfield but will stay in touch and pop in when she is in the area. We hope the move went smoothly and Karen and Fudge the dog will be very happy in their new home.

Fundraising:

Events:

Quiz Night – Saturday 26th February

Unfortunately we are still limited with numbers because of the Covid restrictions, and this event is sold out. However, once again watch this space for details of future quizzes.

Update on Past Events:

Paper Quiz: Thank you to everyone that took part in our Christmas Paper Quiz. The sum of £195 was raised.

Green Street Green Community Choir – Saturday 11th December 2021:

Thank you to the Green Street Green Community Choir for choosing ICARE as one of the two charities to benefit from the proceeds of their Christmas Concerts on Saturday 11th December. The concerts were a great success and the grand sum of £250 was raised for ICARE.

Pat Whibley's "Bring Along an Unwanted Gift" Coffee Morning - Friday 28th January

The morning was a great success with the grand sum of £367.50 being raised. Thank you to everyone for supporting this event, with baking cakes, donating gifts for our sales throughout the year and being part of the ICARE family. Enjoy the photographs on the front cover.

Best wishes,
Sue and all the team