



...Improving lives after a stroke

# December Newsletter



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**Would you like to contribute to our Christmas celebrations (week of 20th December) with after dinner chocolates, mince pies or a small monetary donation towards our Christmas entertainment?**

**With many thanks.**

**ICARE Christmas Raffle Prizes;  
Tickets on sale at £2 each**



**Pat & Adrienne at Pratt's Bottom Fair**



### News from ICARE:

Chiropodist: Eileen Hendon, Chiropodist, will be returning to ICARE in the near future. If you are interested in booking an appointment with Eileen, please let Sue know.

Counselling/Chatting Service: Amanda Dalson, our accredited Counsellor, who is registered with British Association for Counselling & Psychotherapy, is offering a Counselling/Chatting Service for our clients and carers in a variety of ways – telephone (**07974 814104**); in person or via Zoom. If you would like more details or make an appointment, either speak to Sue or contact Amanda directly

### Christmas/New Year

Week commencing 20th December will be our daily celebrations with a Christmas lunch and musical entertainment in the afternoon.

Icare will be **closed** Monday 27th and Tuesday 28th December (bank holidays) and **open** on Wednesday 29th and Thursday 30th December.

Icare will be **closed** on Monday 3rd January (bank holiday) and **open** on Tuesday 4th January 2022, when normal service will resume.

### Thank You Very Much

To Valerie Sansom, one of our Tuesday volunteers, for all the Christmas characters she has so painstakingly knitted for us; they were really well received and we are now sold out.

To Mike Deves for compiling another great quiz for our recent quiz night.

### Fundraising:

#### Events:

#### **ICARE Christmas Raffle – Monday 22nd November – Tuesday 14th December**

Tickets on sale at ICARE; £2 each. Thank you for your support.

#### **Paper Quiz – Monday 6th December – Monday 10th January 2022:**

ICARE'S Paper Quiz, at £5 per copy, will be on sale from Monday 6th December. Please let Sue know if you would like a copy and she will email it to you. The winner will receive a prize of £30. Good luck and thank you for your support.

#### **Green Street Green Community Choir Christmas Concerts – Saturday 11th December**

£8 Adults and £5 Children under 16. 1st Concert from 4 p.m.; 2nd Concert from 7.30 p.m. at St. Mary's Church, Worlds End Lane, Green Street Green, BR6 6AG. Raising money for ICARE and Maypole Trust. Please see Sue for Covid Regulations for this event.

#### **Pat Whibley's "Bring Along an Unwanted Gift" Coffee Morning – Monday 17th January 2022**

#### **10.00 a.m. – 12 noon**

£5 for as much tea, coffee and cake as required. Thank you, once again, to Pat for very kindly hosting this event.

### Update on Past Events:

#### **Quiz Night – Saturday 13th November 2021:**

Despite having to limit places due to the covid restrictions, a good night was had by all and the grand sum of £1,215 was raised. Thank you to everyone for your support.

The next Quiz Night is scheduled for Saturday 26th February 2022 – watch this space for further details.

#### **Pratts Bottom Christmas Fair – Saturday 20th November 2021:**

ICARE had a table at the Pratts Bottom Christmas Fair and Adrienne, Pat, Pauline and I had a lovely time. The grand sum of £153 was raised. Thank you to everyone for your support.

Staff and Volunteers join me in wishing you a happy, peaceful and restful Christmas and it is great to see so many of you back at ICARE.

Best wishes,  
Sue and all the team